

Recruiting adolescents with 16p11.2 deletion syndrome for at-home sleep study!

Mass General Brigham IRB
APPROVAL EFFECTIVE DATE
1/22/2024

Principal Investigator: Dara S. Manoach, Ph.D.,
Department of Psychiatry – Massachusetts General Hospital

Eligibility:

- 12-18 years old
- Diagnosis of 16p11.2 deletion syndrome

Participation involves:

- Wearing a sleep headband for 3 nights at home to monitor brain activity during sleep
 - 1-2 weeks of practice at home to get used to wearing the sleep headband, if needed
 - Keep a sleep diary on study nights
- 2 visits to the Lurie Center for Autism in Lexington, MA
 - Complete assessments and questionnaires with the study team
 - Wear an EEG cap to monitor brain activity while listening to tones and clicks (Optional)

You will be compensated up to \$400 for participation.

If you are interested in participating, please contact the study coordinator at (617) 917-4395 or manoachlab@gmail.com